



Welcome to Lostwithiel Transition October 2009

e-newsletter

Transition Lostwithiel

News and projects

- **October 27 ...See where your recycling goes...**

visit our local Materials Reclamation Facility in Bodmin on October 27th at 10am
- no age limit so bring the kids – for an interesting guided tour

contact kat@transitionlostwithiel.org for more details and car sharing

Lostwithiel Food Fest- hopefully the first of many!

Look out for the amazing events on in Lostwithiel during October

Plant Swap

We had a great season and we have bigger plans for next year

Thank you to all those who brought plants and the volunteers who manned the stall throughout the season

Free: if you need any plant pots we have a supply of second hand ones, all shapes and sizes – contact Lesley bower 873363

Community Orchard update:

residents have been consulted about a potential community orchard site at The Brambles on Bodmin Hill, if all goes to plan, planting may begin in early 2010.

Compost Cup

We had 18 entries in both categories at the Lostwithiel Garden Show, Julia from WRAP very impressed with the standard, congratulations to the winners - hope they like their trophies.

Windfall fruit

It seems that in Lostwithiel windfalls must be put to a good use as there are no offers of excess fruit... we may have to look further afield next year as many people showed an interest in any that was available from Eden project to people on special diets

SWISH

The clothes swap we held earlier in the year raised £50 for the Joe Way Precious Lives Appeal. We plan to hold another but this time on a Saturday morning--

Thought of the month

Energy Saving Idea

Cooker Hob Gas Saver - uses less gas when cooking: saving money and energy

Most gas hobs burn gas inefficiently, resulting in wasted energy, unburnt by-products, and lost heat, which means they're costing you money. The Cooker Hob Gas Saver solves this problem. Its special catalytic alloy disc fits neatly over one burner, and can convert the 600 to 700 degree heat from your hob to over 1,000 degrees centigrade, it also converts any unburnt gas to heat and energy.

The effect is to make your gas hob work like a halogen hob: ie radiating heat as well as convecting heat. As it also captures wasted gas, it is more efficient, so you can cook your food using less gas, saving energy and money. Fits all gas hobs. Typical energy savings: 12%.

One place which sells them is Nigels Eco Store
www.nigelsecostore.com/acatalog/Gas_Energy_Saver.html